

# Zamzam: A Divine Gift to the Faithful

The miracle of Zamzam well and its holy water is what makes it an important part of Islamic history. **RAFI KK**

**D**efinitely, Zamzam water is competitive to others. It is believed to be blessed holy water among Muslims. As we know, the source of this water is the Zamzam well which is situated within Masjid Al-Haram in Mecca, Saudi Arabia. The well is located 20 meters east of the Al-Ka'ba, which is known as the holiest place in Islam. When we peep to its history, it is as interesting as its benefits, and both re-emphasize its religious importance.

## HISTORY OF ZAMZAM WATER

As narrated by Ibn Abbas, The Prophet Ibrahim was ordered by Allāh to take away his wife Hajara and his son Ismail to Mecca. During this time, Mecca was a barren land as the Holy Qur`ān justifies it. Following the commands of Allāh, the prophet left his wife and his son with some dates and water and returned home. After spending some time on this barren land, the dates and water ran out. As young Ismail started crying with thirst, Hajara started looking for water. She went running up and down seven times the hills of Safa and Marwa (the pilgrims imitate in Hajj and Umra). in this fate full state, son Islamil began kicking the ground. Suddenly she noticed water flowing out from the spot that Ismail was



► **The ZamZamWell**  
Mecca, Saudi Arabia

kicking. She carefully collected some water for herself and started feeding it to Ismail. The water that gushed out came to be known as the blessed water of Zamzam.

Scholars believe that it was resurrected much later by Abdul-Mutalib, the parental grandfather of prophet Muhammed (Pbuh). He discovered the following consequents dreams and found



the well after a long quest and he honored with the exclusive privilege of providing Zamzam water to the pilgrims. It has benefits and spiritual significance of its qualities. The prophet Muhammed (Pbuh) said that Zamzam water is a nourishing food and not just water. It is blessed by Allāh and is said to be a cure for all illness. it is also believed that if a person makes a wish after completely

drinking Zamzam water, his wish will be fulfilled. Drinking Zamzam is an essential aspect of the holy pilgrimage. The miracle of Zamzam well and its holy water is what makes it an important part of Islamic history. The properties of the Zamzam water are many. It helps curb pangs of hunger. Applying it on eyes helps improve eyesight and other problems related to eyes. It is helpful in preventing



dental caries. It fulfills the wishes and duds of pilgrims. Famous scholar Ibn Al-Qayyim states that “My self and others tried seeking healing with Zamzam water and saw wondrous things. I sought healing with it from a number of illness and I saw healed by the permission of Allāh”.

### CHEMICAL COMPOSITION

Regarding to the various studies about Zamzam’s chemical composition, six Zamzam tap water samples as well as one bottled sample were analyzed according to standard methods (APHA) for their chemical constituents (pH, TDS, Na, K, Mg, Ca, Fe, Cu, Zn, Cd, Pb, Mn, Al, As, So<sub>4</sub>-2, HCO<sub>3</sub> and PO<sub>4</sub>-3). The results were compared to guidelines of WHO and EPA for quality of drinking water. A study concluded the Zamzam water has acceptable chemical composition including arsenic, except for TDS that exceeds the high non-enforceable, accepted limit according to EPA.

According to Abbas Sharaq, a renowned geology professor, the 4000year old well of Zamzam will never run out of water as it is connected to renewable ground water, with rain be the primary source. He also added that Zamzam water would never dry out except under specific environmental conditions. According to Dr. Yahya Koshak, Zamzam water is the purest form of

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water on earth as it doesn’t contain ant contaminants.

According to Dr. Knut Pfeiffer, a German scientist and the head of the largest medical center in Munich, he studied Zamzam water and claimed that holy water can strengthen human cells. Drinking Zamzam is highly suitable for pregnant women and it minimizes the risk of anxiety and fatigue during pregnancy. Prophet Muhammed (Pbuh) said: “The best water on the face of the earth is the water of Zamzam; it is as kind of food and a healing from sickness”. Interesting one is that the prophet would spend days surviving only on the sacred water.

### The Cemical Composition of ZamZam Water

